

A NOMI SURVEY

The Use of Medical Intuition in Healthcare

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ABSTRACT

Background: Medical intuition is defined as a system of expanded perception gained through the development of human intuition.¹ Medical intuition seeks to identify and evaluate energetic patterns in both the physical systems of the body and the energetic systems of the body (the biofield)². Medical intuitive practitioners use this information to aid patients and clients in supporting their health and wellbeing. Medical intuition is not meant to serve as a substitute or replacement for medical or psychological advice or diagnosis. The use of medical intuition has been recorded in clinical healthcare for two centuries, yet little is known about the practices and training of medical intuitives.

Objectives: A group of medical intuitive practitioners and educators created a task force to explore opportunities for the safe and practical advancement of medical intuition in the U.S. The group created a survey to gather information regarding the training, practice and uses of medical intuition, and how medical intuitive practitioners work within or alongside the mainstream medical community.

Results: The survey found that 82% of medical intuitives assist licensed healthcare professionals with patients or clients, while 86% of medical intuitives receive referrals from licensed medical professionals. Thirty percent of medical intuitives identify as licensed healthcare providers. Sixty-five percent of medical intuitives have received formal or mentored training in medical intuition.

Conclusion: Medical intuition is designed to assist health care providers in a cost-effective, targeted approach to a patient or client's presenting concerns.³ The survey results present a promising future for a healthcare team that includes trained, professional medical intuitives either as a part of the practice or as an independent referral source.

Keywords: Medical intuition, medical intuitive, healthcare, healthcare team.

INTRODUCTION

In 2005, the National Academy of Medicine's Institute of Medicine (IOM) report, *Complementary and Alternative Medicine in the United States*, established the skill of medical intuition as the "utilization of a focused intuitive instinct to ... 'read' energetic and frequency information in and around the human body."⁴ The general use of intuition by healthcare providers has long been acknowledged as a support to effective clinical care.^{5 6 7 8 9 10 11} However, recognition of how intuition can be reliably accessed and utilized in the clinical setting is not well understood.

Medical intuition is defined as a system of expanded perception gained through the development of human intuition.¹² Medical intuition is designed to intuitively assess and evaluate the physical systems of the body as well as the energetic systems of the body, also referred to as the biofield.¹³ In addition, medical intuition is designed to address the energetic influence of thoughts, beliefs, and emotions and how they may impact the health and wellbeing of the individual.¹⁴ The intuited information is intended to aid patients and clients in supporting whole-person health and wellness, which includes physical, emotional, mental and spiritual wellbeing.¹⁵ Although Medical intuition uses the term "medical," it is not to be considered the practice of medicine, psychotherapy, or any other licensed healthcare practice. Medical intuition is not intended to treat or cure any medical condition or psychological disorder, nor is it a replacement for medical or psychological advice or diagnosis. Medical intuition is considered under the canopy of Complementary and Alternative Medicine (CAM), and Complementary and Integrative Health (CIH), with the ultimate aim of promoting holistic health.¹⁶ While medical intuitives may utilize various modalities in concert with medical intuition, specific treatments or healing techniques are not associated with the defined practice of medical intuition.

The use of medical intuitives in healthcare has been recorded for more than two centuries. From the early 1800s, in Europe and the United States, medical intuitive "somnambulists" worked closely with physicians, providing health assessments and treatment recommendations with reported high levels of accuracy and effectiveness.¹⁷ The intuitive health readings of U.S. "medical clairvoyant" Edgar Cayce (1877-1945), were gauged as 85% accurate.¹⁸ A 2020 exploratory study of trained medical intuitives showed 94-98% accuracy rates in identification, evaluation, and potential root causes of study participants' primary health concerns.¹⁹ Contemporary physicians have promoted medical intuition as an integral support to the care of patients.^{20 21 22 23} Still, very little is known about the current uses, practices and training of self-identified professional medical intuitives in the United States.

With this understanding, a group of professional medical intuitive practitioners and educators created a task force, which gathered over the course of two years to explore opportunities for the safe and practical advancement of medical intuition. One of the goals of the task force was the

creation of a national organization for medical intuitives aimed at fostering awareness and understanding of the field of medical intuition. The National Organization for Medical Intuition (NOMI) was formed in 2022 to promote the application of ethical guidelines and standards of professional practice, which are important for the safety of the public, patient and client safety, and to create a greater level of comfort and trust in the professional practice of medical intuition. Their collective work includes developing a formalized definition for medical intuition, outlining ethical standards for the practice, as well as promoting a formalized understanding of a medical intuitive's role in healthcare. NOMI is concurrently focusing efforts on developing opportunities for education, research, awareness and outreach to both the healthcare community and the public.

A survey was created by NOMI to gather information regarding self-identified professional medical intuitives' training, practice and use of medical intuition. This survey, which reflects a number of parameters regarding the education and practice of various medical intuitives in the United States, is the focus of this article.

METHODS

Three hundred sixty U.S. self-identified professional medical intuitives were selected as survey candidates. Surveys were sent by email via an online survey application and anonymized responses were tabulated.

The survey respondents were asked if they were licensed practitioners in any field, worked with or received referrals from medical or healthcare providers for medical intuition services, and if there was an interest in forming a national organization for medical intuition. In addition, the survey queried about the use of their medical intuitive skills, self-assessed accuracy levels, and if they had received any ethics training.

RESULTS

The survey data was collected from August 30, 2020 to February 5, 2021. Seventy-six professional medical intuitives responded to the survey. Due to a survey revision in September 2020, 26 responses were discounted in the final tabulation, for a total of 50 survey participants ($n=50$).

Use of Medical Intuition in Healthcare

The survey results found that 82% of the respondents have assisted licensed healthcare professionals with patients or clients with medical intuition services. Of these, 22% have assisted physicians, both primary care and specialists; 21% have assisted non-physician medical practitioners including physician assistants, nurse practitioners, naturopathic doctors, nurses and allied healthcare professionals; 21% have assisted mental healthcare providers, such as psychologists, licensed social workers and therapists; 18% have assisted other licensed CAM providers, such as acupuncturists, chiropractors and licensed massage therapists (Fig. 1).

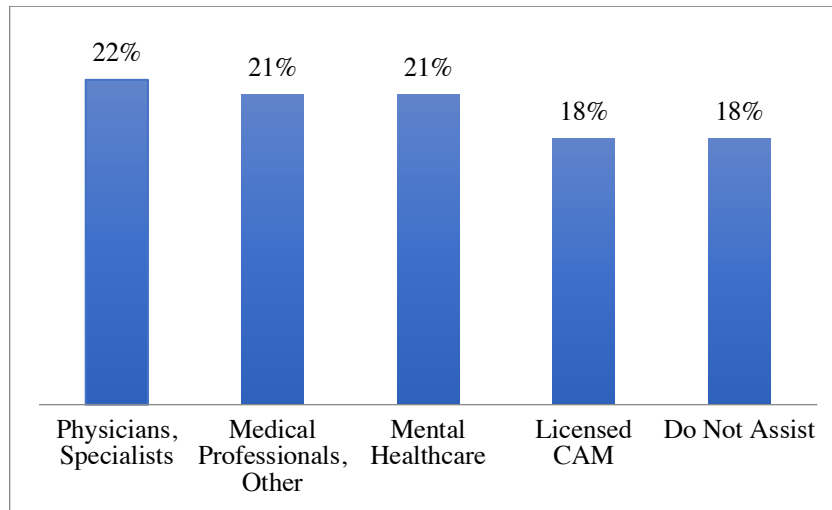


Figure 1: Medical Intuitives Assisting Licensed Healthcare Providers

Additionally, the survey found that 86% of the respondents have received referrals for medical intuition services from licensed medical providers, including 19% from physicians seeking assistance with their patients' healthcare; 23% from other medical providers; 26% from mental healthcare providers; and 18% from CAM providers (Fig. 2).

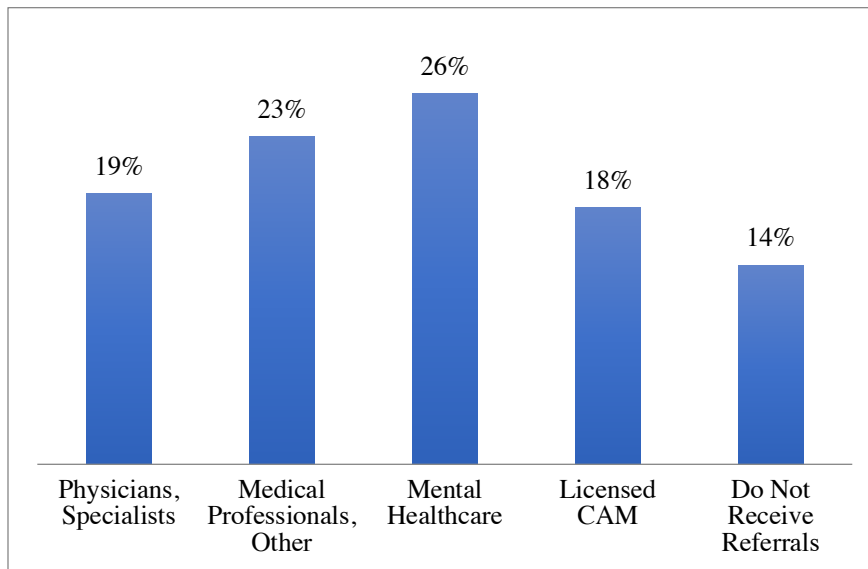


Figure 2: Medical Intuitives Receiving Referrals from Licensed Healthcare Providers

Thirty percent of the medical intuitives surveyed identified themselves as licensed healthcare providers, which included physicians, naturopaths, physician assistants, nurse practitioners, mental health professionals and CAM practitioners. In addition, 76% of respondents felt that the term “medical intuition” accurately described their primary modality. Sixty percent of respondents noted they used medical intuition with a range of other healthcare practices,

including CAM techniques.

Medical Intuitive Skills and Training

The intuitive skills used for medical intuition are identified as clairvoyance (clear seeing), clairaudience (clear hearing), claircognizance (clear knowing), clairsentience (clear feeling), clairalience (clear smelling), and clairgustance (clear tasting). The survey respondents reported their top three utilized skills as clairvoyance, claircognizance, and clairsentience.

Claircognizance and clairvoyance were reported as the most frequently used skills at 39% and 31% respectively (Table 1).

| Skill Utilized | % of Respondents |
|-----------------|------------------|
| Claircognizance | 39% |
| Clairvoyance | 31% |
| Clairsentience | 22% |
| Clairaudience | 8% |
| Clairalience | 0% |
| Clairgustance | 0% |

Table 1: Primary Medical Intuitive Skills

Sixty-five percent of the respondents received some form of education or training in medical intuition. Of these, 31% took formal classes, 20% received a degree or certification in medical intuition, and 14% studied with a mentor. Thirty five percent reported no formal education in medical intuition. The majority of the medical intuitives, at 66%, reported having completed an ethics course.

Survey respondents were asked to subjectively rate their accuracy (Fig. 3). Eighty six percent reported an accuracy level above 50%, while 78% of respondents rated their accuracy level between 75% and 99%.

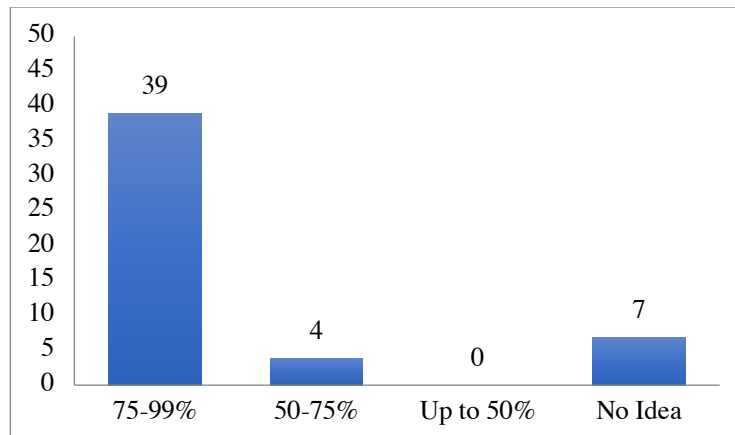


Figure 3: Medical Intuitives Subjective Accuracy Rate

DISCUSSION

Some may ask why we need medical intuitives in healthcare when there are already many methods with which to gather information related to a patient or client's health problems. In truth, medical conditions stem from a number of sources. Medical intuition can help the practitioner more easily discern if the energetic impetus underlying the medical condition is physical, mental, emotional, spiritual, or multifactorial. Medical intuition is designed to assist health care providers in a cost-effective, targeted approach to a patient or client's presenting concerns.²⁴ Understanding the source of pain or a medical condition gives the practitioner the opportunity to guide the treatment in a more efficient and streamlined manner. Perhaps, most critically, this information may assist in avoiding unnecessary testing, overtreatment or undertreatment.

Medical intuition is intended to help decipher between health conditions, assess the underlying causes, and perceive the energetic frequencies or patterns that may be driving the health issue. The value of getting at the root of the problem may benefit the patient or client in multiple ways. It can give the patient or client clarity regarding the source(s) of their issues. It may help avoid unnecessary side effects of testing and treatment. It can help to improve the trust and communication between the patient or client and their healthcare providers, assist in decreasing patient and client worries, and increase satisfaction. Together, these factors are intended to help to decrease the overall costs and pitfalls of medical care.

As a nascent discipline in healthcare, it is important to find avenues for education, outreach and awareness of medical intuition. In regards to the formation of a national organization, 76% of survey respondents indicated strong positive interest in this plan. NOMI aims to promote medical intuition as an accepted adjunct skill in the clinical practice of medicine, either as part of a practice or as an independent referral source, as well as being accessible to all members of the public. As part of this process, NOMI plans to create standards of professional practice and ethical guidelines for medical intuitives.

CONCLUSION

These survey results are exciting and present a promising future for a healthcare team that includes trained, professional medical intuitives. The survey provided information regarding the commonalities and differences found among medical intuitive practitioners currently in practice. This information has laid a foundation upon which NOMI will build. With standards at the forefront, NOMI intends to create an organized medical intuitive community of practitioners and clinicians, which will carry the practice of medical intuition into the future of mainstream medicine.

AUTHOR CONTRIBUTION STATEMENT

Maria T. Gentile, DO, MS, CMIP. Dr. Gentile co-wrote and edited the article, contributed to the creation of the national survey, and assisted in compiling and analyzing the survey data.

Tiffany Barsotti, PhD, MTh, CHt. Dr. Barsotti co-wrote and edited the article, contributed to the creation of the national survey, and assisted in compiling and analyzing the survey data.

Wendie Colter, MCWC, CMIP. Ms. Colter co-wrote and edited the article, contributed to the creation of the national survey, and assisted in compiling and analyzing the survey data.

AUTHOR DISCLOSURE STATEMENT

Maria T. Gentile, DO, MS, CMIP is Treasurer of the National Organization for Medical Intuition.

Rev. Tiffany Barsotti, PhD, MTh, CHt is Vice Chair of the National Organization for Medical Intuition.

Wendie Colter, MCWC, CMIP is Chair of the National Organization for Medical Intuition.

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